

ADVANCED TWO

SUMMARY

A thorough knowledge of previous grades is essential

MAXIMUM No. CANDIDATES: 2

TIME ALLOWED: 1½ hours

In the Executant examination, barre work will consist of set exercises. All centre work will be set by the Examiner from the steps shown, except for the temps lié exercise which is also set.

À LA BARRE

1. Pirés in all positions with relevé and balance
2. Battement tendu (various accents)
3. Battement jeté sur la demi pointe
4. Rond de jambe (all types), grand battement en rond followed by port de bras
5. Battement frappé, flic-flac en tournant
6. Petit battement et battement battu
7. Développé avec tombé et fouetté
8. Grand battement ; en cloche et balançoire ;

AU MILIEU

Selected from à la barre by the Examiner and performed, where requested, en tournant and combined with pirouettes

SUR LES POINTES (for the remainder of the exam)

Exercises à la barre

Pirouettes; from and in all positions, single, double or more according to ability

ADAGE

Temps lié avec pirouette et développé (set exercise)

Petit et grand adage, to include renversé of all kinds

ALLEGRO

Grand (Russian) pas de chat

Grand jeté passé

Grand jeté balance

Fouetté sauté, battu

Grand jeté en tournant, battu

Renversé sauté

Sauté à la seconde en tournant

Gargouillade

Entrechat six et sept

Entrechat six de volée

Brisé volé

Jeté emboîté, battu et en tournant

Relevé ; simple et en tournant, en attitude, en arabesque (and other positions)

Tours de force. Set by the Examiner

BOY'S ADDITIONAL ALLEGRO

Entrechat sept landing in attitude

Entrechat huit

Double tours en l'air

RHYTHMICAL APPRECIATION

Improvise to music selected by the Examiner

MIME

Conventional or Natural.

May be prepared by the candidate in advance or, if so desired, will be set by the Examiner

DANCES & RÉVÈRENCE (max 2 mins each dance)

1. A ballet dance based on classical technique followed by a classical reverence
2. A national or character dance based on national technique followed by a révérence appropriate to the selected character dance

ADVANCED TWO

A thorough knowledge of all previous grades is essential

À LA BARRE All exercises sideways to barre. Commence feet 5th position

1. Plié

4/4

Sequence to be shown in 2nd, 1st, 4th opposite 5th and 5th

Bars 1-4 Grand plié, arm sideways to 2nd, 5th and down front to 1st, open to 2nd

Bars 5-8 Grand plié, arm 1st port de bras

Bars 9-12 Port de bras as outlined below

Bars 13-16 Balance on demi-pointe, arms 5th

Lower heels and tendu to next position on upbeat of next phrase

To be performed with the following port de bras

In 2nd position, port de bras flat forward and fold, recover and cambré

In 1st position, lateral port de bras towards barre and recover

In 4th position, lateral port de bras away from barre and recover

In 5th position, circular port de bras en dedans on demi-pointe

2. Battement tendu

2/4 or 3/4

Bars 1-2 Battement tendu effacé en avant (accent out), arm 2nd, head turned towards barre

Bar 3 Close 5th

Bar 4 Battement tendu effacé en avant and close 5th (accent in), arm and head remain

Bars 5-6 Battement tendu ecarté (accent out), arm 5th, head turned towards and upper body with slight incline over supporting leg

Bar 7 Close 5th devant

Bar 8 Battement tendu ecarté and close 5th derrière (accent in), arm and head remain

En face with accent out

Bar 9-10 Battement tendu en arrière and close, arm arabesque

Bar 11-12 Battement tendu en avant and close, arm 5th

En face with accent in

Bar 13 Battement tendu à la seconde, close devant, arm 2nd

Bar 14 Battement en arrière and close, arm arabesque

Bar 15 Battement tendu à la seconde, close derrière, arm 2nd

Bar 16 Battement tendu en avant and close, arm 5th

Bars 17-28 Repeat Bars 1-12 in reverse, starting efface en arrière

Bars 29-31 Repeat Bars 13-15 in reverse closing last tendu à la seconde in demi plié

Bar 32 Demi detourné to face other side

Bars 33-64 Repeat whole on other side

(Note: For ecarté in the reverse the stance will be more upright with head turned towards the raised arm)

3. Battement jeté

2/4

Bars 1-4 2 x battement jeté en avant on flat, 2 x battement jeté en avant with relevé

Bars 5-8 Repeat Bars 1-4 en arrière (with inside leg)

Bars 9-12 Repeat Bars 1-4 à la seconde from 5th position

Bars 13-16 Repeat Bars 1-4 à la seconde in 1st position, closing last one derrière

Bars 17-32 Repeat whole in reverse

Arm remains in 2nd throughout

Repeat whole on other side

4. Rond de jambe

3/4

- On introduction, demi plié and degagé en avant en fondu, ¼ rond de jambe to 2nd stretching supporting knee, arms 1st to 2nd
- Bars 1-2 2 x rond de jambe à terre en dehors, arm 2nd
- Bars 3-4 2 x rond de jambe à terre en dehors with 2nd port de bras
- Bars 5-6 1 x grand battement en rond with 2nd port de bras
- Bars 7-8 Brush through 1st position and close devant, arm lower and open to 2nd
- Bar 9 Extend leg à la seconde
- Bars 10-11 2 x double rond de jambe en l'air en dehors
- Bar 12 Rise
- Bars 13-14 2 x double rond de jambe en l'air en dehors
- Bars 15-16 Close 5th derrière in demi plié and prepare degagé en arrière and ¼ rond de jambe to 2nd
- Bars 17-32 Repeat en dedans finishing à la seconde

Port de bras

- Bars 1-4 En fondu: ¼ rond de jambe to finish devant, arm 1st (head inclined to look into hand)
Rond de jambe to finish derrière, arm 2nd (head turned to look over arm)
Rond de jambe to finish devant, arm 1st (head as before)
Stretch supporting knee, arm 2nd (head as before)
- Bars 5-12 Port de bras en fondu forward over leg and recover stretching supporting knee, arm to 5th, cambré and recover
- Bars 13-16 ¼ rond de jambe to pointe tendu à la seconde, arm opening to 2nd, lateral port de bras towards barre, arm 5th and open 2nd
- Bars 17-28 Repeat bars 1-12 in reverse
- Bars 29-32 Lift attitude en arrière, rise and balance, arms 5th.
Extend arms to open 5th, extending lifted leg to close 5th

5. Battement frappé and flic flac

2/4

- On introduction, prepare arm and leg to 2nd
- Bars 1-2 Battement frappé doublé en avant and en arrière
- Bars 3-4 2 x battement frappé doublé à la seconde
- Bars 5-6 2 x battement frappé à la seconde, accent in (1 front, 1 back)
- Bars 7-8 3 x single battement frappé à la seconde
- Bars 9-12 4 x triple battement frappé à la seconde (front, back, front out, back, front, back out etc.)
- Bars 13-16 Flic flac en tournant en dedans, finish degagé à la seconde and hold position
- Bars 17-32 Repeat Bars 1-16 in reverse
After flic flac en dehors close 5th devant on demi-pointe, demi detourné to face other side, lower heels and tendu à la seconde
- Bars 33-64 Repeat other side
- Balance on demi pointe with leg in 2nd, arms 5th
- Repeat whole on demi-pointe, lowering heel after last triple frappé in readiness for flic flac

resting in 2nd position with arms

6. Petit battement and battement battu (serré)

2/4

On introduction prepare leg to 2nd and place foot cou de pied, arm bras bas

Bars 1-8 7 x petit battement devant, arm bras bas, degagé en avant en fondu, arm 5th

Bars 9-16 7 x petit battement derrière, arm bras bas, degagé en arrière en fondu, arm arabesque

Bars 17-24 7 x petit battement devant on demi-pointe, arm bras bas, degagé à la seconde en fondu, arm 2nd

Bars 25-32 Battement battu devant on demi-pointe, arm 2nd port de bras

Bars 33-64 Repeat whole in reverse

Balance cou de pied on demi-pointe, arms 5th

Repeat whole on other side

7. Developpé avec tombé and fouetté

3/4

Bars 1-3 Developpé en avant, arm to 5th

Bar 4 Rise

Bars 5-7 Tombé en avant to point tendu en arrière en fondu, arm 2nd, stretch supporting leg lifting back leg to 90°, arm through bras bas and 1st to arabesque

Bar 8 Close 5th, arm 2nd

Bars 9-11 Developpé en arrière (with outside leg). Arm arabesque

Bar 12 Rise, arm remains

Bars 13-15 Tombé en arrière to point tendu en avant en fondu, arm 5th
stretch supporting leg and lift front leg, arm open to 2nd

Bar 16 Close 5th

Bars 17-20 Developpé en relevé à la seconde with slight incline of upper body towards barre, arm 5th

Bars 21-24 Tombé à la seconde finish en fondu working leg lifted, arms 2nd and body upright.
Step back onto lifted leg on demi-pointe lifting other leg to 90°. Close 5th devant lowering heels

Bars 25-28 Developpé à la seconde and carry leg ¼ rond de jambe en dehors to finish en arrière en fondu

Bars 29-32 Fouetté en arabesque, hold arabesque on demi-pointe and close 5th

Bars 33-64 Lower heels and repeat other side

8. Grand battement en cloche and balançoire

3/4

On introduction battement tendu à la seconde, ¼ rond de jambe en dehors

Bars 1-4 4 x grand battement en cloche

Bars 5-8 3 x grand battement balançoire, close 5th devant

Bars 9-14 3 x grand battement à la seconde

Bars 15-16 Battement tendu à la seconde, ¼ rond de jambe en dedans

Bars 17-24 Repeat bars 1-8 in reverse

Bars 25-31 3 x grand battement à la seconde closing 5th devant in demi plié

Bar 32 Detourné to face other side, battement tendu à la seconde, ¼ rond de jambe en dehors

Bars 33-64 Repeat on other side

